

Psychedelic Treatment for Obsessive Compulsive Disorder (OCD)

Australian National University, in partnership with Monarch Mental Health group, is conducting a study to explore the potential for psychedelic therapy using psilocybin (the active ingredient in magic mushrooms) and MDMA to improve symptoms of OCD. If you have a diagnosis of OCD and are interested in participating in this research, we would like to hear from you.

The full study requires your involvement across approximately 8 months. This includes attending a Monarch Mental Health Group clinic for a minimum of 3 psychedelic therapy sessions. Participation will also involve attending pre-therapy preparation sessions and post-therapy reflection sessions, as well as measures of brain activity.

The psychedelic therapy sessions will last up to 8 hours each and will be conducted by trained therapists who will be present throughout the treatment.

**CAN YOU
HELP?**

If you are interested, please contact the research team by phone on 1300 867 888 or via email monarchri_psychedelics@mmhg.com.au for more information.

This project has been approved by ACT Health Human Research Ethics Committee.



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